



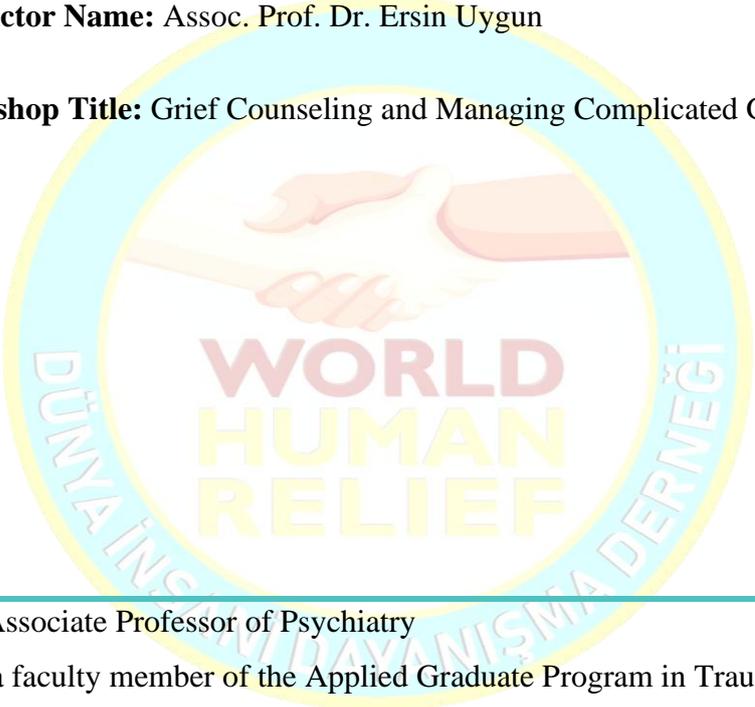
INTERNATIONAL
TRAUMA STUDIES
PROGRAM

1st International Congress on Trauma Prevention Studies

“From Darkness to Hope: Healing from Trauma in a World Facing Violence and Poverty”

January 9–11, 2026

Istanbul, Turkey

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|  | <p style="text-align: center;">CLINIC WORKSHOP</p> <p>Instructor Name: Assoc. Prof. Dr. Ersin Uygun</p> <p>Workshop Title: Grief Counseling and Managing Complicated Grief</p>  |
| <p>Brief Information About the Educator</p> | <p>MD, Associate Professor of Psychiatry He is a faculty member of the Applied Graduate Program in Trauma and Disaster Mental Health at Istanbul Bilgi University.</p> |
| <p>Workshop Content</p> | <p>Grief and Its Stages Concrete interventions for stages of grief Examples of interventions for complicated grief</p> |

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| Topics to Be Covered | <p>The concept of grief will be explained, and the approach will be demonstrated through case examples.</p> <p>Grief rituals, farewells, imagination, and other interventions will be explored using examples of complicated grief at different stages.</p> |
| Duration | 3 hours |
| Maximum Number of Participants | 25 |
| Target Audience | Anyone who works or has had to work in the field is welcome to attend. |



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9-11 January 2026



www.utocko2026.whr.org



Bahcesehir University

