



INTERNATIONAL  
**TRAUMA**STUDIES  
PROGRAM

## 1st International Congress on Trauma Prevention Studies

*“From Darkness to Hope: Healing from Trauma in a World Facing Violence and Poverty”*

January 9–11, 2026  
Istanbul, Turkey

	<p style="text-align: center;"><b>CLINIC WORKSHOP</b></p> <p><b>Instructor Name:</b> Ahlam Saleh</p> <p><b>Workshop Title:</b> Clinical Work with Trauma in War-Affected Communities</p>
<p style="text-align: center;"><b>Workshop Description</b></p> <p><i>(A brief overview of the topic)</i></p>	<p>This workshop explores trauma-informed and psychosocial approaches to supporting individuals and communities affected by conflict, displacement, and prolonged adversity. Drawing on field experience from Gaza and other humanitarian settings, it focuses on creating safety, stabilization, and coping within constrained environments while maintaining ethical and professional boundaries. Participants will examine real-world applications through a blend of reflection, discussion, and short experiential exercises that model safe and grounded engagement.</p>
<p style="text-align: center;"><b>Topics Covered</b></p>	<ul style="list-style-type: none"><li>• Core principles of trauma-informed psychosocial care</li><li>• Practical tools for stabilization and emotional regulation</li><li>• Ethical considerations in conflict and humanitarian settings</li><li>• Integrating community and health system linkages (IASC MHPSS Pyramid)</li></ul>

	<ul style="list-style-type: none"><li>• Supervision, boundaries, and staff wellbeing</li><li>• Optional experiential art-based methods for safe expression</li></ul>
<b>Duration</b>	3 hours
<b>Maximum Number of Participants</b>	25
<b>Target Audience</b>	Mental health and psychosocial support practitioners, psychologists, social workers, and other professionals working with trauma-affected populations in humanitarian, health, or community-based contexts.



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